

**Melville Cares** is a not for profit organisation that supports people to lead healthy, independent and engaged lives within our community.

For more information on Melville Cares, our services and how you can get involved, please refer to the following brochures:

- Home Care Packages Levels 1-4
- Friendship Groups
- Community Transport
- Home Services
- Veterans
- Volunteers & Community Visitors Scheme



*The heart of community care.*

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## Volunteers and Community Visitors Scheme





## Our Volunteers

*Melville Cares started as a small group of dedicated volunteers over 30 years ago. While the organisation has changed over time, our volunteers are still an integral part of our ability to support our clients.*

### Volunteering Benefits Everyone

Volunteering can make a huge difference in the lives of others. Everyone enjoys visiting their friends, going to the shops or spending time in social groups. As a volunteer you can enable our clients to access the community and continue to be engaged. You also can help them to continue to live independently at home.

There are enormous benefits of volunteering for you, your family, and our community. With the right volunteer role you can reduce your stress, make new friends, reach out to the local community, learn new skills, and even advance your career. Volunteering can also benefit your mental and physical health.

### What You Can Do

Volunteering with Melville Cares is all about giving your time, your talent and your heart.

### Driving

Our transport services enable people to attend health care and medical appointments, undertake shopping, visit family and friends, attend activity groups and generally participate in social and recreational activities. You can drive our buses, vans and cars, or you can drive your own vehicle. Volunteers with an LR licence (able to drive more than a 12 seater bus) can assist us to transport local community groups.

### Visiting

Do you enjoy listening to people's stories and reminiscing? Would you like to have a conversation and get to know someone in a local nursing home? This program aims to enrich the quality of life of residents in local nursing homes who are socially isolated and would benefit from a friendly visitor. You can share your interests and open up their world.

### Assisting Friendship Groups and Intergenerational programs

Do you like being a team player and working with small groups of people? As a volunteer you can assist the team, get involved in sports activities or board games and assist clients during outings. That might mean you will be cooking, doing craft activities or setting up and facilitating a conversation with a small social group.

*"Since volunteering, I have formed rewarding relationships with both staff and people I help to support. I have met so many wonderful people who have interesting life stories to recount. Volunteering has kept me active and involved in my community." – Melville Cares volunteer*

### Getting Involved

If you would like to volunteer with us we would love to hear from you. Volunteers over 18 years old are required to undertake a police check that Melville Cares will pay for. You will need to fill out our volunteer application form and when there is a vacancy in a suitable role, we'll arrange an interview with you. Positions are always offered to suit your skills and abilities.

### Contact us

For more information on volunteering at Melville Cares please call our friendly team on **9319 0916** or email us on **[volunteers@melvillecares.org.au](mailto:volunteers@melvillecares.org.au)**.

