

**Melville Cares** is a not for profit organisation that supports people to lead healthy, independent and engaged lives within our community.

For more information on Melville Cares, our services and how you can get involved, please refer to the following brochures:

- Home Care Packages Levels 1-4
- Friendship Groups
- Community Transport
- Home Services
- Veterans
- Volunteers & Community Visitors Scheme



 **Melville Cares**

## Friendship Groups



 **Melville  
Cares**

*The heart of community care.*

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## Friendship Groups

*Melville Cares encourages all our clients to lead healthy, independent and engaged lives. We offer a variety of different styles of support services aimed at allowing you to engage in meaningful and fulfilling activities designed to meet your individual needs.*

We run several community friendship groups to provide you with opportunities to learn, get involved, meet people, and be socially active. By being flexible and responsive to changing needs we go out of our way to help you find the group or activity that best suits your needs.

### Our Friendship Centres

The Melville Cares Friendship Centres are located at various places around the City of Melville. Operating on a daily basis they provide an opportunity for people to regularly get together and meet new acquaintances.

Our Friendship Centres offers a range of activities in which you can get involved, including movies, concerts, picnics, arts, crafts and music.

### Craft Friendship groups

Our popular craft friendship groups meet on a regular basis in various locations. We can provide you with opportunities to be involved in a variety of craft activities in a friendly and safe social environment. These groups are great for stimulating your creativity while making new friends.

Please refer to our website for times and activities.

### Social group outings

We know how important it is that you maintain meaningful relationships, make new social contacts, and continue to be engaged in the wider community. Melville Cares organises social group outings for groups of up to ten people. These can vary from luncheon outings, to movies or other forms of entertainment. We can offer one on one support on these outings if needed.

Melville Cares also organise outings in the evenings on a regular basis. These social groups can provide you with opportunities to go to restaurants, hotels, movies, shows and Christmas Lights outings (seasonal).



*"I look forward to my days at the Melville Cares friendship group as it gives me the chance to meet new people and get out and about. Also the lunches that we're served are cooked on the premises and are delicious!"* – Melville Cares client

### Friendship groups for people with dementia

Melville Cares has an interactive and interesting program designed to meet the needs of people with Dementia run by experienced support staff. Our aim is to provide opportunities to socialise, communicate and engage in a safe and stimulating environment. The program can include craft, suitable outings and various forms of entertainment. Fun is always on the agenda and a nutritional cooked meal is prepared on-site for all participants by our resident cook. These groups also provide some respite for families and carers.

### Contact us

For more information on our community friendship groups please call our friendly team on **9319 0900** or email us on **info@melvillecares.org.au**.