



Melville Cares Messenger

The heart of community care.

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From the CEO's Desk

Welcome to our 2019 Autumn/Winter Newsletter

Melville Cares focus in 2019 remains on providing individual services to you our clients in supporting your needs. Our capacity to provide to you, appropriate support of your choice, is through maintaining a flexible and innovative approach to the range of assistance we are able to provide.

The introduction of the Home Care Package system has provided a much greater choice for you in the range of support available to you, as and when you determine a need. All of us experience changes in our needs as we travel life's journey. Our capacity to complete "normal" daily living tasks around the home or opportunity in maintaining social contacts, should you wish, being no exception.

We encourage you to contact Melville Cares staff if you wish to have a conversation around your thoughts of how we might assist you to remain happily-safe, independent and nurture your state of wellbeing whilst living and engaging in your community.

It's that time of year where a range of "bugs" are out there, we urge you to stay safe and warm as the cooler months descend upon us.



Richard Foster
Chief Executive Officer
Melville Cares Inc.



A Special Visitor During Friendship Group

22nd March 2019

Melville Cares' friendship group were honoured on Wednesday with a very special visitor named Black Jack. The look on all of their faces tells the rest of the story.

If you know of anyone who would benefit from our friendship groups and home support services, please call Melville Cares on 9319 0900 to discuss.



The Grand Collective

The Grand Collective has recommenced again this year after a very successful 2018 trial. Melville Cares is looking to establish larger groups consisting of clients and members of the community with a special focus on individuals.

If you have some time available on weekends and would like to give back to the community and listen to the life journeys of the older generation, or if you know of an older person who would benefit in attending, then get in touch by calling us on (08) 9319 0900 or email: info@melvillecares.org.au.



Sculpture by the Sea

Our Tuesday Friendship group had a great afternoon at Sculpture by the Sea on 18th March 2019. □

Ron and Daphne were thinking about seeing whether they could catch a ride on this beast while the group were checking out the sculptures at Cottesloe Beach. □ If you'd like to find out more about joining our programs, email: info@melvillecares.org.au or call us on (08) 9319 0900



Pathways to Abilities

Pictured here are members of our Pathways to Abilities Fitness and Wellness group. We hold activities for this group every second week on a Saturday at June Barton House in Palmyra.

We run dance and Zumba lessons, as well as some exercise sessions and sporting activities in the local park.



New Volunteer Driver

Introducing our new Melville Cares volunteer driver recruit, Cecil. He will be assisting our clients after receiving his final induction which focuses on best practice techniques to help clients get on and off our vehicles. He is now ready to go out into Melville Cares' wide world of transport on his own.



St Patrick's Day

Support Worker David and long-term Volunteer Keith got into the St Patrick's Day spirit and channelled the luck of the Irish! ☐



Friendship Groups

Melville Cares Friendship Group attendees regularly receive extra special pampering with hand massages and foot spas on our 'Pamper Days'.

Mary is enjoying her hand massage from support worker Lynsey.



***"Ageing is not lost youth
but a new stage of
opportunity and strength."***

- Betty Friedan



Did you know...

... that Melville Cares can introduce you to new friends and provide a social outing for small groups of people who enjoy lunching, movies and attending local community events?

Jessica, Jill, Corene and Alison are pictured with support worker Lisa having fun at lunch during their social small group outing. If you would like to be part of the fun and connect with people with similar interests, please call Melville Cares on 9319 0900 to discuss how we can assist.



New Board Members

In February we welcomed our new board members – Gabi, Crystal and Mark – pictured here with our Coordinator of Volunteers Avril, undergoing Occupational Health and Safety training as part of their induction.



“We don’t stop playing because we grow old. We grow old because we stop playing.”

- George Bernard Shaw

Mr David Wallis:



Reflections Honouring Australian Second World War Veterans

Canberra were wanting to honour the Australian Second World War Veterans’ so they went about contacting all the surviving veterans’ and nurses to arrange a photo shoot.

Photographers contacted Mr Wallis to schedule a photo shoot. Mr Wallis being Mr Wallis, and never one to become involved in or talk about anything re the war, was in the garden on their arrival doing his thing.

He was invited to join them inside and his wife stated; “they were amazed, when he entered, at his level of fitness.”

The resulting photo is attached and now hangs proudly in the Australian War Memorial in Canberra. Mrs Wallis tells us that under the suit jacket he is still wearing his garden shorts.

Mr and Mrs Wallis were invited to attend the opening but declined due to ill health. His family have since searched the internet and located this photograph for them and visited the museum and described to their parents “how beautiful all the photographs were, especially the one of their Dad.”

Melville Cares Veterans Services is proud to assist this couple to continue living independently in their own home by providing assistance with the household tasks.

Mrs Wallis thanks us on a regular basis for organising the two lovely support workers that visit them weekly. The amount of assistance given is a testament to their character of the Builder Generation.

Story as told by Mrs Iris Wallis

