

Melville Cares is a not for profit organisation that supports people to lead healthy, independent and engaged lives within our community.

For more information on Melville Cares, our services and how you can get involved, please refer to the following brochures:

- Home Care Packages Levels 1-4
- Friendship Groups
- Community Transport
- Home Services
- Veterans
- Volunteers & Community Visitors Scheme



 **Melville Cares**

Home Services



 **Melville Cares**

The heart of community care.

June Barton House
21-23 Hammad Street, Palmyra WA 6157

Phone: (08) 9319 0900

Email: info@melvillecares.org.au

www.melvillecares.org.au



Home Services

Melville Cares encourages all our clients to lead healthy, independent and engaged lives. We offer a range of home services that can be put in place to support you to remain in your home and preserve your independence.

We help you identify and work towards your personal long and short-term care goals. Our wellness and reablement approach means we encourage you to retain your existing skills, as well as help you regain skills in everyday tasks.

How we help

Our home services are individually tailored, taking into account your own personal choices and allowing you to maintain your independence.

Cleaning and laundry

We can provide support and assistance with vacuuming, mopping and cleaning of bathrooms and toilets. This service may also include dusting and assistance with laundry tasks. We will encourage you to participate in this service as much as possible.

Shopping

We can accompany you to your local shopping centre so you can carry out essential shopping tasks including banking and paying your bills. Alternatively we can provide a support worker to do your shopping for you with a list you provide.

Personal care

We can offer assistance with showering/bathing, dressing and personal grooming, and can help you get prepared for the day. The level of assistance you may require with your daily self-care will be discussed with you, so you can retain a level of independence.

Medication prompts and administration

This service involves prompting or assisting you to take your medications at specific times of the day.

Meal preparation

Our support workers can prepare healthy meals for you if you are unable to do this task independently. Your personal choices will be considered and we will encourage you to have maximum input into your dietary requirements.

“My support worker has been coming for many years and I look forward to seeing her. She has become my friend. I could not live in my own home if it wasn't for the assistance and support Melville Cares gives me.” – Melville Cares client

Social support

We can provide one on one support to allow to you to participate in outings for specialised shopping and to access the wider community. This is particularly important if you are feeling socially isolated.

Keeping you safe

To help keep you safe, we aim to minimise environmental health and safety hazards in your home and garden. This may involve minor maintenance or repair work that doesn't require a licensed tradesperson. Examples are:

- replacing light bulbs;
- installing batteries in smoke and security alarms;
- cleaning the gutter, fans, and external and internal windows;
- high indoor cleaning, such as the tops of cupboards and fridges;
- some minor home maintenance, such as cupboard door adjustment; and
- pruning, lawn mowing or weeding.

In-home respite

We also provide relief for carers, by providing in-home respite care. If you have a carer who assists with your ongoing support and care, they may be eligible for this service. We will provide an alternative form of care for you, enabling your carer to have a break.

Contact us

For more information on our in-home services please call our friendly team on **9319 0900** or email us on info@melvillecares.org.au.