Melville Cares is a not for profit organisation that supports people to lead healthy, independent and engaged lives within our shared community.

For more information on Melville Cares, our services and how you can get involved, please refer to the following brochures:

- Friendship Groups
- Community Transport
- Home Services
- Pathways to Abilities
- Veterans
- Volunteers & Community Visitors Scheme

Melville **Cares**

Home Services

Melville **Cares**

The heart of community care.

June Barton House
21-23 Hammad Street, Palmyra WA 6157
Phone: (08) 9319 0900
Email: info@melvillecares.org.au
www.melvillecares.org.au

Home Services

Melville Cares encourages all our clients to lead healthy, independent and engaged lives. We offer a range of home services that can be put in place to support you to remain in your home and preserve your independence.

We help you identify and work towards your personal long and short-term care goals. Our wellness and enablement approach means we will encourage you to retain your existing skills, as well as help you regain skills in everyday tasks.

How we help

Our home services are individually tailored, taking into account your own personal choices and allowing you to maintain your independence.

Cleaning and laundry

We can provide support and assistance with vacuuming, mopping and cleaning of bathrooms and toilets. This service may also include dusting and assistance with laundry tasks. We will encourage you to participate in this service as much as possible.

Shopping

We can accompany you to your local shopping centre so you can carry out essential shopping tasks including banking and paying your bills. Alternatively we can provide a support worker to do your shopping for you.

Personal care

We can offer assistance with showering/bathing, dressing and personal grooming, and can help you get prepared for the day. The level of assistance you may require with your daily self-care will be discussed with you, so you can retain a reasonable level independence in your personal care.

Medication prompts

This service involves prompting you to take your medications at specific times of the day. Please note that it does not include administering medication.

Meal preparation

Our support workers can prepare healthy meals for you if you are unable to do this task independently. Your personal choices will be considered and we will encourage you to have maximum input into your dietary requirements.

Foot and nail care

If you have no ongoing medical foot issues, we can provide you with assistance in your foot and nail care.

Social support

We can provide one on one support to allow to you to participate in outings for specialised shopping and to access the wider community. This is particularly important if you are feeling socially isolated.

Keeping you safe

To help keep you safe, we aim to minimise environmental health and safety hazards in your home and garden. This may involve minor maintenance or repair work that doesn't require a licensed tradesperson. Examples are:

- replacing light bulbs;
- installing batteries in smoke and security alarms;
- cleaning the gutter, fans, and external and internal windows;
- high indoor cleaning, such as the tops of cupboards and fridges;
- some minor home maintenance, such as cupboard door adjustment; and
- pruning, lawn mowing or weeding, only where a safety hazard exists.

In-home respite

We also provide relief for carers, by providing in-home respite care. If you have a carer who assists with your ongoing support and care, they may be eligible for this service. We will provide an alternative form of care for you, enabling your carer to have a break.

Contact us

For more information on our in-home services please call our friendly team on **9319 0900** or email us on **info@melvillecares.org.au**.