



Melville Friendship Club offers a range of interesting activities\* every weekday in Willagee. It's a great way to get together regularly, maintain friendships and make new friends.

**Contact the Friendship Club by phone on 9319 0900 or email: [friendshipclub@melvillecares.org.au](mailto:friendshipclub@melvillecares.org.au).**

**\*Activities subject to change.**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b> Short walk outdoors or inside Bean Bag Toss</p> <p>Eyes down for Bingo</p>	<p><b>4</b> Fitness and game fun in the Big Hall.</p> <p><b>Derek Eden Concert 1pm - 2pm</b></p>	<p><b>5</b> World Nutella Day Enjoy a Nutella filled morning by baking Nutella Scrolls to enjoy with your morning tea.</p>	<p><b>6</b> Arts and Crafts – Picasso. Abstract art is about freedom, expression and breaking away from the conventional.</p>	<p><b>7</b> Happy Hour - Unwind, share stories and play music from the Golden Era. National Pizza Day celebrated each year on 9th February</p>
<p><b>10</b> Stretch and strengthen Exercises. Test your general knowledge with our whiteboard version of Jeopardy.</p>	<p><b>11</b> TV commercials from yester year. Enjoy the jingles, catchphrases and retro-visuals. What was your favourite commercial?</p>	<p><b>12</b> Stay mentally and physically active while having fun with our variety of activities in the Big Hall</p>	<p><b>13</b> Pamper Parlour/table quiz</p> <p><b>Gary Lyn 1pm</b></p>	<p><b>14</b> Valentine's Day - Join us in writing a heartfelt compliment, uplifting note to place in a jar, to be read out later to our friends at the Friendship Club.</p>
<p><b>17</b> Morning tea in the Garden with a game of Bocce</p> <p><b>Paul Robinson 1pm</b></p>	<p><b>18</b> Talent contest - do you play an instrument, know a joke or two? Are you a singer? Show us your talent in a group or solo.</p>	<p><b>19</b> Arts and Craft - have fun, engage with others and get creative with a chalk portrait.</p>	<p><b>20</b> National Muffin Day - let's celebrate Muffin Day with our favourite Muffins for morning tea.</p>	<p><b>21</b> Morning tea in the garden. Fun and games in the Big Hall</p>
<p><b>24</b> Movement to Music in the Big Hall. Challenge yourself with a boardgame with your friends</p>	<p><b>25</b> Chair Yoga in the Big Hall Join the fun with our mini golf floor game challenge</p>	<p><b>26</b> <b>Darren Dodd 11.00am</b></p> <p>Poetry/bookclub or quiz challenge</p>	<p><b>27</b> Share your favourite place where you've lived or travelled to and we will bring it up on the TV to share with everyone</p>	<p><b>28</b> Walking group or floor/board games .</p> <p>Let's create "foil art"</p>
				

## January Birthdays

**Thelma**  
**Margaret**  
**Monica**  
**Jim**  
**Laurie**



## Gary Lynn - Thursday 13th February

Join us for a special musical performance by Gary Lynn whose easy-listening vocal style will take you on a journey through the golden age of music.

Enjoy timeless classics from legends like Frank Sinatra, Dean Martin, Bobby Darin and Tony Bennett. Gary's performance is sure to evoke a sense of nostalgia and warmth.



## Famous Birthdays in February

**7th February 1812 Charles Dickens**  
**12th February 1809 Charles Darwin**  
**25th February 1943 George Harrison**  
**27th February 1932 Dame Elizabeth Taylor**

## Valentines Day - 14th February

HAPPY  
*valentines*  
DAY

**A day to celebrate love with special people in our lives.**

Valentine's Day is traditionally celebrated as a day of love and affection between romantic partners, friends and family members. It is believed to have originated as a Christian feast day in honour of Saint Valentine, a third-century martyr who was associated with courtly love.

Celebrate Valentine's Day at the Friendship Club by sharing a compliment or note of appreciation

## National Pizza Day - 9th February

**Celebrate National Pizza Day on Friday 7th Feb with a slice or two for morning tea!**

National Pizza Day is celebrated annually on 9th February and is dedicated to honouring the deliciousness of pizza. It's a day when people come together to indulge in their favourite pizza flavours and styles. Whether you prefer classic Margherita, pepperoni, veggie, or something more exotic, National Pizza Day is the perfect excuse to indulge.



## 5th February

**Celebrate world Nutella Day with Nutella Swirls**

**Recipe: makes 16 swirls**

### Ingredients :

- 375g Ready Rolled Puff Pastry
- 6 Tablespoons Nutella
- 1 Teaspoon Icing Sugar

Preheat oven to 190° and line 2 baking trays with baking paper.

Spread an even layer of Nutella leaving 1cm boarder top and bottom.

Roll tightly then slice into 1.5cm rounds. For easier slicing chill for 10 minutes. Bake 15 minutes or until golden and crispy.

Finish with a dusting of icing sugar.

Enjoy

