

Melville Cares is a not for profit organisation that supports people to lead healthy, independent and engaged lives within our shared community.

For more information on Melville Cares, our services and how you can get involved, please refer to the following brochures:

- Friendship Groups
- Community Transport
- Home Services
- Pathways to Abilities
- Veterans
- Volunteers & Community Visitors Scheme



 **Melville Cares**

Veterans



 **Melville Cares**

The heart of community care.

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Helping Veterans

Melville Cares has been providing a variety of quality care services to veterans for over 30 years. Our approach has always involved our dedicated team of trained and loyal staff forming trusted partnerships with our clients. By being flexible and responsive to changing needs we go out of our way to be as helpful as possible in our commitment to assist veterans to continue living safely and comfortably.

How We Help

As a veteran there are several services we can offer to help you to live independently in your home.

Help around the Home

We can provide support with your household tasks such as bed making, clothes washing, ironing, vacuuming, mopping and shopping.

Personal Care

Some veterans have difficulties with daily self-care tasks due to illness, a disability, or frailty. We can offer assistance with showering/bathing toileting, dressing, personal grooming and getting you ready for the day.

Keeping You Safe

To help keep you safe, we aim to minimise environmental health and safety hazards in your home and garden. This may involve minor maintenance or repair work that doesn't require a licensed tradesperson. Examples are:

- replacing light bulbs;
- installing batteries in smoke and security alarms;
- cleaning the gutter, fans, and external and internal windows;
- high indoor cleaning, such as the tops of cupboards and fridges;
- some minor home maintenance, such as cupboard door adjustment; and
- pruning, lawn mowing or weeding, only where a safety hazard exists.

Coordinated Care Program

If you hold a Department of Veterans' Affairs Gold Card, have a chronic condition or complex care needs, and are at risk of unplanned hospitalisation, Veterans' Home Care service offers a short term (12 weeks) coordinated care program. To access this program you will need a referral from your general practitioner or talk to the Department of Veterans' Affairs local medical office.



"I am very happy indeed to recommend Melville Cares for their wonderful services as I have found the staff to be very kind as they help me to remain living in my own home." – Melville Cares client

In-home Respite Care

In addition to offering assistance to veterans, we also provide relief for veterans' carers, by providing in-home respite care. Carers who have responsibility for a veteran who requires ongoing care, attention or support may be eligible for this service. We will provide an alternative form of care for the veteran, enabling the carer to have a break. The carer does not need to be living with the veteran to receive this respite, however does need to be acknowledged as the veteran's carer.

More Information

If you are a veteran you need to be assessed as needing home care assistance before we can supply these services. You can contact Veterans' Home Care on **1300 550 450** for information on your eligibility. Alternatively you can call our friendly team on **9319 0914** or email us at **vhc@melvillecares.org.au** for more information. It takes only a few simple steps to find out which services you need and whether you're eligible for our services.